

Strathmore Fun Club

Food & Drinks

2 Cream Crackers with butter or a packet of mini cheddars - no charge

1 Fromage Frais – yogurt – no charge

Pure fruit juice (orange, apple or pineapple) – no charge

3 bowls of freshly chopped fruit and vegetables and 2 bowls of bananas & satsumas that the children can help themselves to throughout the session – no charge

1 Sandwich – Turkey ham, Strawberry jam or grated cheese - £1.30

Daily Hot Meal £2.50

Day	Summer Menu April - September	Winter Menu October – March
Monday	1 burger or veggie burger, peas and sweetcorn with charlotte potatoes.	2 sausages (meat or quorn), sweetcorn, peas with mash potato.
Tuesday	2 fish fingers or 2 veggie fingers, low sugar/salt bake beans and 1 potato waffle.	3 chicken or quorn nuggets, low sugar/ salt bake beans with potato croquettes
Wednesday	1 slice of Pepperoni or Margarita pizza with sweetcorn and low-fat oven chips.	2 fish fingers or veggie fingers, carrots and sweet corn with low fat oven chips.
Thursday	3 chicken dippers or quorn nuggets, mixed vegetable and charlotte potatoes.	Pasta bake (tomato & cheese) & garlic bread.
Friday	2 meat or quorn sausages, mixed vegetables with charlotte potatoes.	Jacket potato with cheese & bake beans or tuna mayonnaise.

